



JAPAN KARATE ASSOCIATION OF AUSTRALIA

INSTRUCTOR PROFILE

DOJO

JKA Port Pirie, South Australia

INSTRUCTOR NAME

Ian Watson

CURRENT RANK

4th Dan



KARATE BACKGROUND

Started training in October 1982 with Jim Morton, then trained under Colin Dennis for several years and also Sensei Bob Hedger for several years until his retirement. I co-instructed with all my instructors when they needed assistance. I have currently been instructing for approximately 8 years, all in Whyalla until 2004 when I moved to Port Pirie and started teaching Port Pirie Dojo.

WORDS OF WISDOM RELATING TO KARATE & JKAA

In all my years of training and teaching I have never had a break from training unless I was injured. It's very easy to find an excuse not to train, but to train honestly and not make excuses not to train is an important thought students should have when they feel lazy, emotionally and physically. After training I am always happy and content, perhaps a little sore and bruised, but satisfied with my training.