



JAPAN KARATE ASSOCIATION OF AUSTRALIA

INSTRUCTOR PROFILE

DOJO

JKA Gawler, South Australia

INSTRUCTOR NAME

Lester Tobitt

CURRENT RANK

2nd Dan

KARATE BACKGROUND

I started training in 1973 with the Wado-Ryu style of karate but ceased training in 1977. In 1994, after some encouragement from Paul Brown, I began training with JKA at the Gawler Dojo with Sensei Sam Noble. I was immediately hooked on the integrity of the JKA, and have trained constantly ever since. I feel that it will be a life long passion.

WORDS OF WISDOM RELATING TO KARATE & JKAA

I feel that JKA karate is the perfect activity that trains, not only the body, but also the soul. A great form of self defense, but even more so against one of our biggest enemies, ageing, and related sedentary diseases. I feel that it is where karate has it's greatest asset as a form of self defence.

