



## **JAPAN KARATE ASSOCIATION OF AUSTRALIA**

### **INSTRUCTOR PROFILE**

#### **DOJO**

JKA Brisbane South, Queensland

#### **INSTRUCTOR NAME**

Michael Connolly

#### **CURRENT RANK**

5<sup>th</sup> Dan



#### **OTHER POSITIONS CURRENTLY HELD IN JKAA**

National Director JKAA

Vice President JKA Queensland

#### **KARATE BACKGROUND**

Started training in 1966 in Shotokan under Doug Lee at Ipswich and West End, Brisbane. Doug Lee left the Club in about 1967/8. I was 5<sup>th</sup> Kyu. He gave me the club to run. I met Darrel Goldsworthy, a 1<sup>st</sup> Dan in Vechi Ryu Karate, who also had trained in SHotokan. He trained and graded me to 2<sup>nd</sup> Kyu in Vechi Ryu, then I met Doug Turpin, a 2<sup>nd</sup> Dan from Shotokan from Canada. He graded me to 1<sup>st</sup> Kyu in 1970. I formed ASKA later to change the name to JKAA and I brought Takahashi Sensei to Australia in 1973.

#### **WORDS OF WISDOM RELATING TO KARATE & JKAA**

There are no secrets in karate. Just hard work and listen to your instructor.